



FellowsGram

Quarterly Newsletter of the Fellows of the American Academy of Nurse Practitioners

Volume 1, Issue 1

February 2010

**Our first issue is
dedicated to
Dr. Eileen Hayes**

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Conference FAANP Activities

- *Induction, Reception,
& Dinner: 6/23
6:30 pm, Sheraton*
- *Meet & Greet: 6/25
5:15 pm, Convention
Center*

Newsletter Committee:

Pat Alpert
Janice Unruh Davidson
Mary Jo Goolsby
Judith Shannon Lynch
Mary Neiheisel
Jamesetta Newland
Kerri Rupe

Greetings from our FAANP Chair

Dear Fellows,

It's 2010 and an exciting time to be a Fellow. This year marks the Tenth Anniversary of the Fellows program which began in 2000 with the induction of the first class of stellar NPs who all exemplified outstanding leadership in practice, education, research, or health policy. Each year since that inaugural class of Fellows, we have selected outstanding leaders whose many contributions have shaped and expanded our scope of practice while providing excellent health care, educating other NPs, creating new knowledge through research, and influencing health policy decisions. The select few who have become Fellows have truly made a significant difference to their patients, students, communities, and contemporary health policy.

As a group, we have come a long way—from our formative years, through some growing pains, and to our present readiness to mold our future. We collectively recognized our need to strategically plan for our future and will devote our Winter Meeting in March to that endeavor. It is very important that your voice be heard in this planning process, and so I hope you can join us in Dallas from March 5-7th. We'll kick off the meeting with a social event on Friday evening and then work with our facilitator on Saturday and Sunday (until noon) to envision our future. We must always be mindful that our mission and goals complement those of the American Academy of Nurse Practitioners so that together we are a powerful voice that affects changes that improve the health of our nation. As well, we are a select group with collective wisdom and experience that can enhance AANP initiatives and define ones for ourselves that reflect our expertise and creativity. This is our opportunity to realize our potential---come help us do that!

The Executive Committee would like to suggest that Fellows who own medallions wear them during the conference in June---particularly to the Induction Ceremony and the Meet and Greet event. These medallions distinguish us as Fellows and are sure to stimulate interest in the Fellows program. In addition, this year sponsors will be able to order medallions in advance of the Induction Ceremony to gift their successful candidates should they choose to do so. I would encourage you to ask your inductee about metal choice and the exact engraving he/she would like. Although this would then not be a surprise, your inductee would get the medallion they want. Inductees who do not receive medallions as gifts will be able to order them for themselves. If you do not already have one, you might consider ordering your very own before the conference in June.

I look forward to seeing you in Dallas!

Dr Judith A. Berg, FAANP Chair

Name the Newsletter

We need a title for our FAANP Newsletter—one that is reflective of the FAANP's purpose. To submit your ideas, go to http://aanponline.org/FAANP_newsletter/. The "prize" for this competition will be one year of paid FAANP dues (and of course bragging rights for the winning name selection)! This initial paper-based newsletter is intended merely to demonstrate the potential that an electronic newsletter has to improve communication among Fellows and to enhance visibility for the FAANP and its members' achievements. Please share ideas for newsletter items and columns with committee members.

What's Happening Now?

Member News Column - Pat Alpert, FAANP

In every issue of the fellow's newsletter we will be highlighting accomplishments of our fellows. This issue the following individuals are recognized:

**Judith A. Berg, PhD, RN, WHNP-BC, FAAN, FAANP and
Diane Todd Pace, PhD, FNP-BC, NCMP, CCD, FAANP**

Judith Berg and Diane Pace served as Guest Editors of the recent Special Issue of the *Journal of the American Academy of Nurse Practitioners* regarding Health Promotion/Risk Reduction and Disease Prevention in Women's Health. The issue additionally featured a manuscripts co-authored by **Sarah Freeman, PhD, ARNP, FAANP.**

Janice Unruh Davidson, PhD, INS, APRN, FNP-BC, NEA-BC, FAANP

Janice Unruh Davidson was named one of the nation's Top Ten Business Women by the American Business Women's Association (ABWA) for 2010. Since 2006, she has owned and operated a private consulting firm that specializes in research support for nurse practitioners and institutions that employ nurse practitioners. In this capacity, she additionally serves as a consultant and grant-writer to a number of national organizations.

Margaret A. Fitzgerald, DNP, FNP-BC, NP-C, FAANP, CSP

Margaret Fitzgerald will be the 2010 AANP Nurse Practitioner State Award for Excellence recipient for the state of Massachusetts. This award is given annually to a dedicated nurse practitioner in each state who demonstrates excellence in their area of practice.

Judith Shannon Lynch,

Judith Shannon Lynch has been selected to serve as the first nurse practitioner to present a workshop to the International Primary Care Respiratory Group at their 2010 World Congress in Toronto, Ontario.

Tracy Klein, FNP, FAANP

Tracy Klein along with colleagues Louise Kaplan and Carolyn Buppert will present an Armchair Discussion entitled "Teaching Students about the Professional, Legal and Regulatory Aspects of Prescribing" at the 36th Annual Meeting of the National Organization of Nurse Practitioners.

Jacqueline Rhoads, PhD, ACNP-BC, ANP-C, PMHNP-BE, FAANP

Jacqueline Rhoads had two articles appear in nurse practitioner journals. NOVEL H1N1 appeared in the *American Journal for Nurse Practitioners* in November, 2009. Multidrug-resistant and extensively drug-resistant tuberculosis: The new face of an old disease appeared in October, 2009 in the *Journal of the American Academy of Nurse Practitioners.*

Wendy L. Wright, MS, RN, APRN, FNP, FAANP

Wendy Wright was chosen by the New Hampshire Nurse Practitioner Association (NHNPA) and its members as the 2009 New Hampshire NP of the year. A statement from their press release: "The recipient this year is a very sought after speaker for education and was even asked to be a speaker at the NH Medical Society educational program."



If there is anything you want to share with the Newsletter Committee, please go to the following URL and enter your information. This will be way that you can routinely update the committee on what is happening and ensure your news is announced! Just go to: http://aanponline.com/survey_fellows_achievements/

Dedication In Memory of Dr. Eileen F. Hayes

Editorial Feature Column - Janice Unruh Davidson, FAANP

Before going to press, we learned of the death of one of our Fellows, Dr. Eileen F. Hayes. Therefore, this first issue is dedicated to her memory and the editor's column regarding our Tenth Anniversary will appear in our next issue.

Dr Eileen F. Hayes, FAANP was born Eileen Murphy on June 19, 1944 and died at age 65 in her home, January 29, 2010 at Florence, MA after a long battle with colon cancer.

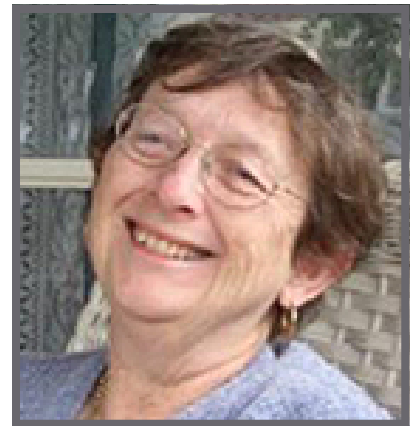
Eileen earned her diploma from the Melrose-Wakefield Hospital School of Nursing in 1966 and her Nurse Practitioner certificate from the University of Massachusetts - Amherst in 1977. She went on to complete her BSN at Worcester State College in 1980 and then returned to the University of Massachusetts - Amherst to complete her MSN (1988) and PhD (1997).

Before joining the University of Massachusetts - Amherst faculty in 1996, Eileen served as nurse practitioner for University Health Services for nearly 20 years.

Eileen was instrumental in the development and ongoing management of her alma mater's nurse practitioner program. She was committed to mentoring others with her works cited by the National Organization of Nurse Practitioners Faculties (NONPF) in their manual for preceptors. Eileen's research on mentoring, NP practice, and educational outcomes, was also funded through the Robert Wood Johnson Foundation and the National Institutes of Health/NINR. She was recognized by the Massachusetts Coalition of Nurse Practitioners as distinguished NP of the Year in 2002. Eileen was inducted as a Fellow of the American Academy of Nurse Practitioners in 2004 and in 2009, she received the UMass-Amherst Distinguished Teaching Award and the School of Nursing's Outstanding Teacher Award.

Known for her winsome smile and her ever-present commitment to the mentoring of others, Eileen will be greatly missed among the Fellows. Eileen is survived by her husband, Patrick Hayes; her daughter and son-in-law, Suzanne and Michael Daviau of Ashburnham, MA; her son, Sean Hayes of Northampton, MA; two grandsons and two grand daughters, a brother, two sisters and several nieces and nephews.

Memorial contributions may be made to the American Cancer Society, 30 Speen St., Framingham MA 01701.



2009 Induction



The 2009 Induction Ceremony was a great success!!! This past year, a record 47 Fellows were inducted. Our new Fellows hail from 25 different States plus the District of Columbia. They represent a broad range of NP specialties and excellence in the areas of NP practice, education, research, and health policy. The Gaylord provided a beautiful setting for the ceremony. Following the ceremony, the new Fellows and their guests were honored with a celebratory reception and dinner. We look forward to the 2010 Induction in Phoenix, Arizona. You won't want to miss it!

Celebration of Our Charter Fellows

Membership Feature Column - Judith Shannon Lynch, FAANP



In each newsletter, one of our Charter Fellows will speak to feelings about the Fellowship past, present, and future.

Elizabeth Abel

Dr. Abel retired as an Associate Professor (Tenured) from the School of Nursing at The University of Texas at Austin in 2006. She was Chair of the Division of Family and Public Health Nursing and Nursing Systems, 2000-2006, Director of the Family Nurse Practitioner Program, 1997-1999, and practiced in an Internal Medicine primary care clinic. Her research focused on health promotion of women with HIV. She served on the AANP Board of Directors and the Board of the National Organization of Nurse Practitioner Faculties. She was the 1994 AANP Representative to the Public Health Service Primary Care Fellowship, as well as a Lieutenant Commander, U.S. Navy Nurse Corp, Reserve.

The phone interview was completed on February 4, 2010 from Dr. Abel's home on the Isle of Palms, South Carolina where she lives with her husband, Bob.

JSL: How did you feel when you were notified that you were selected as a Charter Fellow in the Academy?

EA: I was surprised as I saw myself as a team player with lots of work to do to promote the role of nurse practitioners. When I looked at the other Charter Fellows, I felt humbled to be numbered among them.

JSL: What were your hopes for the Fellowship?

EA: I saw it as recognition of nurse practitioner leaders who were in the trenches promoting prescriptive authority, delineating NP roles, developing practice standards and addressing reimbursement and other issues. In those days we would take two steps forward and one step backwards and there was always tension. The Fellowship emphasized the importance of tying policy, research and education to clinical practice. The Charter Fellows mirrored this theme and I believe increased opportunities to build coalitions, especially with other nurse practitioner and healthcare professional groups. The Fellowship helped to mainstream AANP as THE group that represented practice and made a statement that leadership in the organization was an important goal.

JSL: How did being in the Fellowship help you to think outside the box?

EA: It definitely influenced me as a teacher in nurse practitioner education. For example, I encouraged students to take an active role in their professional organizations and to share their ideas about clinical practice. I mentored those with outstanding papers to submit them to peer-reviewed journals where a number were accepted and many were published in the Journal of AANP. I trust a number of them are now leaders in the NP movement.

JSL: What advice do you have for the present Fellows?

EA: Mentoring new Fellows continues to be an important goal of the Fellowship. I would like the Fellowship to use the 'think-tank' methodology to be responsive and innovative as we forge a pathway related to our role in health care delivery and policy development in this century. This could be a dynamic interdisciplinary process to enhance health care for our patients perhaps resulting in a published monograph. We need to be thinking about where we want to go as a professional group and how we relate to others.

JSL: Is there anything else you would like to share with the Fellows?

EA: Although we faced many challenges and worked hard, we had fun and built long lasting relationships. I hope that this sense of camaraderie can continue as the Fellowship grows.

JSL: How are you finding retirement?

EA: I do not know how I ever found time to work full time! I work part time as an FNP in a private family practice and volunteer for Respite care. I enjoy being closer to family, and having time to travel. I am busy with theater, art, music, golf, and playing bridge.

JSL: Thank you, Elizabeth, for spending this time with me.

Review of JAANP Research Articles

Research Review Column - Mary Neiheisel, FAANP

The Fellows of the American Academy of Nurse Practitioners have been and are loyal to the original purposes of the Fellows in maintaining the goals of research and recognition of Fellows for that research. The 2002 think tank developed the following goals related to research:

“Nurse practitioners will create their own research agenda in order to influence: standards and models of care, marketability of nurse practitioners, and policy agendas.

Graduate student participation in research endeavors will be increased.

Nurse practitioner participation in research will be stimulated via: increased continuing education, facilitation of publication of research outcomes, development of systems for mentoring and mentors, and development of research networks.

Nurse Practitioners will increase their involvement in boards participating in research funding at the public and private level.

Nurse Practitioners will conduct evidence based and outcomes studies that contribute to the body of knowledge of patient care and practitioner practice.

Nurse Practitioners will receive increased funding from government agencies and private foundations for research activities.”¹

The Journal of the American Academy of Nurse Practitioners was reviewed for the years 2001 to 2010 to determine the accomplishments of these goals. The first research article by a Fellow and published in *The Journal* was a descriptive study by Barbara Resnick in 2001. Additional Fellows articles through February 2010 have ranged from Level One to Level Four Research and represent non-experimental pilot, correlational predictive, qualitative and quantitative, Delphi, surveys, retrospective record reviews, literature reviews, and exploratory studies. Articles written by such Fellows as Hayes (2006 and 2007), Cole (2005), Abel (2006), Goolsby (2007 and 2009), Longworth (2003), Resnick (2001 and 2009), Mackey (2005) and others represent excellent examples of research by Fellows but are also only a small sample of the research that is being conducted. One deficit is possibly the inclusion of graduate students in research projects. In future Newsletters research examples from other journals will be cited.

¹Towers, J. , Dempster, J., & Counts. M. (2003). Nurse Practitioner Practice in 2012: Meeting the health care needs of tomorrow. *Journal of the American Academy of Nurse Practitioners*, 14(4), 146-148.

FAANPs in Education

Education Column - Jamesetta "Jamie" Newland, FAANP

A New Resource for Nurse Educators

Do you know and your students know the difference between *genetics* and *genomics*? These terms are often used incorrectly. Genetics refers to the examination and understanding of genes and their effects. Genomics refers to the study of all genes in the human genome, including their interactions with each other and the environment. As more and more information scientists learned in completing the Human Genome Project is shared with consumers, expectations from the public increase that health professionals will be more informed and able to help them decipher this new knowledge. This new knowledge is useful in health care for prevention, screening, diagnostics, prognostics, selection of treatment, and monitoring of treatment effectiveness. As genetics and genomics play an increasing role in clinical decision-making, nurse practitioners and all nurses must demonstrate minimum competencies related to the interaction of genes and the environment in determining disease and health conditions. The International Society of Nurses in Genetics (ISONG) (2007) published *Genetics/Genomics Nursing: Scope & Standards of Practice* with the American Nurses Association; the book describes a competent level of professional nursing care and performance for nurses at the basic and advanced levels of specialty practice. Furthermore, the National Coalition for Health Professional Education in Genetics (NCHPEG) (2007) published *Core Competencies in Genetics for Health Professionals* (3rd ed.) (Available at http://www.nchpeg.org/core/Core_Comps_English_2007.pdf). The 18 competencies listed in this document were developed "to encourage clinicians and other professionals to integrate genetics knowledge, skills, and attitudes into routine health care, thereby providing effective and comprehensive services to individuals and families".

Numerous resources are available for nurse educators to assist in integrating genetic content in nursing curricula, but it is often difficult to know what to include and how to best utilize the materials one might find. To facilitate this process, the National Human Genome Research Institute (NHGRI) released on February 26, 2010 a new online tool for educators to use in teaching nurses and physician assistants about genetics and genomics, the *Genetics/Genomics Competency Center (G2C2)*. This is a free, web-based collection of materials that are searchable and downloadable. Educators are also able to share their own materials by uploading them to the site, which is monitored by the center's editorial board to ensure quality control. Users may create individual topic sets to cross-map learning activities and assessments, outcome indicators and professional competencies. This new tool should be useful in helping nurse educators give their students the knowledge, skills, and tools to meet the challenge and demand for literacy in the genetics/genomics field. The G2C2 is available at www.g-2-c-2.org and requires an initial registration.

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