



# FAANP Forum

Volume 2, Issue 3

October 2011

The purpose of the AANP Fellows is to impact national and global health by engaging recognized nurse practitioner leaders who make outstanding contributions to clinical practice, research, education or policy, enhancing the AANP mission.

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This October 2011 *FAANP Forum*  
is dedicated to

**DR. LORETTA FORD**  
**Leader, Innovator, Pioneer**  
**Nurse Practitioner Founder**

inducted into the  
***National Women's Hall of Fame***  
October 1, 2011



Courtesy *HuthPhoto*, Ken Huth



## *Chair's Greeting* Mary B. Neiheisel, FAANP

The fall *Forum* is dedicated to Dr. Loretta Ford, who was inducted into the *National Women's Hall of Fame* on October 1, 2011, in Seneca Falls, New York. (See Page 2.) Seneca Falls is the site of the first Woman's Rights Convention, 1848. The National Women's Hall of Fame was created in 1969 and was established in 1979 in a renovated historic bank, the Helen Mosher Barben Building, in Seneca Falls historic district. The *National Women's Hall of Fame's* mission is showcasing great women through its expansiveness of vision and its impact upon women's lives—past, present and future. In addition, the mission of the Hall is "to honor in perpetuity those women, citizens of the United States of America, whose contributions to the arts, athletics, business, education, government, the humanities, philanthropy and science, have been the greatest value for the development of their country."

A new column, *International Perspectives*, is added in this fall issue of the *FAANP Forum* (Pg. 7.) The purpose of the column is to publish international news and information. Please, welcome Sue Cross, BSc (HONS), PGCE-NP, Dip RN, FAANP, as our guest columnist. Dr. Cross is a Professor of Primary Care Nursing at London Southbank University, and Nurse Advisor for Londonwide Local Medical Committees and Her Majesty's Prison Bedford.



Dr. Loretta Ford was inducted into the National Women's Hall of Fame on October 1, 2011, preceded by a reception at the Hotel Clarence in Seneca Falls, New York. What a beautiful and breathtaking weekend. Dr. Ford was accepted as an inductee following the compilation of lengthy nomination forms by the FAANP Loretta Ford Nomination Committee including Chair, Margaret McAllister, Mary B. Neiheisel, and Mary Ann Dumas, with AANP staff support by Mary Jo Goolsby and Nancy McMurrey. The eleven 2011 inductees with Dr. Ford join an impressive group of 236 other (now totaling 247) women such as Susan B. Anthony, Elizabeth Stanton, Rosa Parks, Eleanor Roosevelt, Abigail Adams, Clara Barton, Zora Hurston, Amelia Earhart, Faye Abdellah, Lillian Wald, Myra Brackenridge, and Sandra Day O'Connor. Yes, our NP Founder is there in the *Hall*, as famous and valuable as any one of them. FAANP dedicates the fall 2011 issue of the FAANP Forum to **Dr. Loretta Ford**.

It was such a great privilege to attend this reception and induction. For Nurse Practitioners to know the Founder of the Nurse Practitioner profession is a blessing and a career opportunity not many professionals experience. To meet and converse with Dr. Ford is delightful and impressive. The many honors she has received are well deserved and her recent induction into the National Women's Hall of Fame is a splendid and remarkable tribute.



Left to right: Christine M. Moulton, *NWHF* Executive Director, **Lee Ford**, and Beverly P. Ryder, *NWHF* Board of Directors President. (Courtesy of *Finger Lakes Times*, Susan Porter)

In addition to her role in NP development, the one-of-a-kind, petite Loretta Ford is known for popular and often quoted truisms such as: "*Crisis is opportunity*,"<sup>21</sup> and "*Get to the table and be a player or someone who does not understand nursing will do it for you*."<sup>22</sup> The Chinese symbol for crisis translates in English to opportunity and danger, and both are readily applied to Dr. Ford. She has utilized opportunities; traveled through dangerous situations, and has proven to be a worthy champion for nurse practitioners. Because of her multiple times at the table taking advantage of opportunities, the NP profession has survived and expanded to over 148,000 nurse practitioners providing health care in the United States alone. Nurse practitioners are now practicing in other parts of North America, Asia, Europe, Australia, and New Zealand and in over twenty



**2011 National Women's Hall of Fame Inductees** (Courtesy of *Finger Lakes Times*, Susan Porter)

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other countries.

Induction Weekend began for Dr. Ford on Thursday with talks and a reception at Rochester University. She provided leadership for the Unification Model in Nursing and served as Dean for fourteen years at the University Of Rochester School of Nursing. At a beautiful reception Friday evening, September 30, the six living inductees and five deceased inductees were recognized and honored. Lee was accompanied by her husband, Bill, of sixty four years, and her daughter, Valerie Morand. Lee "worked the crowd" speaking to everyone, signing her autograph, and being photographed. Delicious food and 'Inductinis' were served throughout the evening. It was a fitting and proper celebration.



Bill, daughter Valerie Monrad, and Lee at Reception

In spite of the inclement weather on Saturday October 1, the crowd toured the Wesleyan



Penny Kaye Jensen and Lee Ford at Women's Hall of Fame Induction

church, which was the location of the first Woman's Right's convention, the adjacent museum, and the *National Women's Hall of Fame*. Saturday evening was the induction dinner followed by the Induction Ceremony. The inductees were escorted to the stage by the directors of the *National Women's Hall of Fame*. As each inductee was introduced, they were presented with the *Women's Hall of Fame* prestigious medal. Each inductee then gave a biographical presentation. Dr. Ford reminded us that "an education is priceless and the benefits endless and that she/he who gives while she/he lives knows where it goes." In her usual giving manner of crediting others, Dr. Ford acknowledged her husband, daughter, role models, and all nurse practitioners.

Many nurse practitioners, nurses, family members and friends were in Seneca Falls to acclaim the NP founder. Among those attending were: AANP Fellows: Drs. Penny Jensen, Mary Anne Dumas, Judith Lynch, Barbara Sheer, and myself. Phyllis Zimmer, active with NONPF, and Susan Van Cleve, President of NAPNAP, were also present. The Sponsor certificate recognizing the *American Academy of Nurse Practitioners (AANP)* and the *FAANP*, was accepted by AANP President, Dr. Penny Kaye Jensen.

Five years ago, this exciting occasion was not on my bucket list. The experience, the induction, the fact that our founder, Dr. Loretta Ford, was inducted into the *National Women's Hall of Fame* is a momentous, overwhelming occasion and one which I shall always cherish.



Lee and Mary Neiheisel at Reception

### *Congratulations and Thank You, Loretta!*

<sup>1</sup> Email communication--September 2, 2011

<sup>2</sup> Houser, B. and Player, K. (2004). Pivotal Moments in Nursing: Leaders who changed the path of a profession. P.14.

*Dr. Loretta Ford's Induction into the National Women's Hall of Fame —  
Impressions from a Fellow* *Judith Shannon Lynch, FAANP*

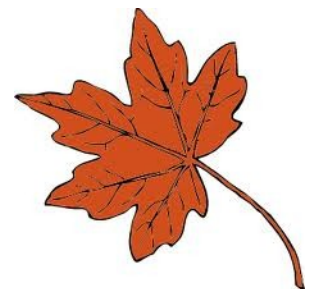
When Lee walked into the large, beautifully decorated auditorium at the New York State Chiropractor's College, she sparkled and glowed. Dressed in pink, her white hair with every strand in place, and her jewelry glistening but understated, she was the essence of the professional woman. At 90 years of age, she looked 20 years younger and her eyes glowed with the excitement of the evening.

Sitting with my nurse practitioner colleagues, I reflected on how we arrived here to honor this woman who has been a mother to us all. The scope of practice challenges, the denial of privileges to write prescriptions, the dreaded titles of physician extender and mid-level practitioner, all flashed before me.

I see it all so clearly now – the need for sacrifice, the need for persistence, and above all, the need for a great leader – a person who leads by example and mentoring. Lee Ford has been this person since 1965 and I feel a great sense of gratitude to her for my successful career.

The ending to her acceptance speech was humorous but also contained kernels of her self-confidence and pragmatism: ***“I have never been botoxed or detoxed! I am Loretta Ford and I approve this message!”***

Thank you, Lee, for your 45+ years of innovation, high standards, and feminism in its truest sense.



*Celebration of our Charter Fellows*

***Mari Zo DeMarchi , RN, CNP, FAANP***

Zo DeMarchi has been an integral part of the early nurse practitioner program since the 1970s. After her graduation from Texas Women's University, she was a direct provider in a primary care women's OB/GYN practice in Austin, TX, from 1976-1989, while taking various courses and acting as a first surgical assistant and health educator. She became nationally certified as a nurse practitioner in 1978.

At a national conference in 1984, interest was expressed in forming a new NP organization that would focus exclusively on the needs of this rapidly growing portion of advanced practice nursing. Ms. DeMarchi was a member of the 1984 steering committee formed to evaluate the need of such an organization. From the work of this steering committee, came the establishment of *AANP* in May 1985. As one of the founders of the *Austin Area Nurse Practitioners Alliance* and the *Texas Nurse Practitioners*, Zo holds the distinction of being involved with the development of three organizations in a twelve month time frame.



She became the first employee of AANP in 1989 as Executive Secretary, providing both paid and volunteer hours during those early years of organizational maturity and growth.

Ms. DeMarchi is currently Director of Association Services for AANP. The increasing success of AANP's National Conferences is in large part due to Zo's continued extensive contacts within the health care industry, and her effective interactions with key industry leaders. She is a strong advocate of industry support for NPs, emphasizing their high quality of care to patients. Zo's role at AANP wholeheartedly supports the organization's mission and goals. She is intimately involved in the development of all national conferences and meetings, which are integral functions of AANP as an organization providing NPs educational and networking opportunities.

The following interview took place at her Austin, TX, home where she has lived since 1974.

JSL: You are truly a living history of AANP. How did you manage to keep all your activities in perspective?

ZD: Those early years were so exciting and there were so many opportunities and challenges to face. I never felt tired, only wished that there were more hours in each day.

JSL: The Fellows began in 2000 after you had been with the organization for 15 years. How did you feel when you learned of your inclusion as a charter member?

ZD: I was truly honored to be included with some of my colleagues who had worked so hard to get AANP started. We all felt that AANP would bring a new and fresh approach to those members who were giving direct care and did not have an organization to look to for leadership. The same can be said about the Fellows. It is a platform for leaders to share their expertise.

JSL: What were your initial hopes for the Fellows?

ZD: I saw the Fellows as people who had already established themselves as leaders within the NP profession. It was their challenge to use those leadership capabilities to mentor the next generation and to act as role models for future NPs.

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## *Membership Feature Column, continued Judith Shannon Lynch, FAANP*

JSL: What focus would you like to see the Fellowship take in the future?

ZD: As part of AANP staff, I count on the Fellows as valuable resources for various organizational projects. As leaders in the profession, they are integral to the future of AANP conferences, health policy and health reform issues, and future leadership positions. Of course, the power of networking within the Fellowship cannot be overstated. And, the Fellowship is only a little over ten years old so it will continue to have challenges with priority planning. I feel strongly that the true power of FAANP lies in the strength of its mentoring program.

JSL: When do you find time for a personal life?

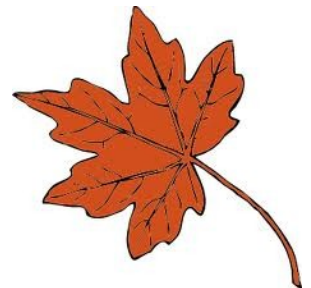
ZD: I acted as caretaker to family members until a few years ago and personal time was scarce. However, I have recently rediscovered my love of reading and try to spend time relaxing with a good book. I also took a vacation this year and traveled extensively through New York and New England and it was lovely. I look forward to retirement (not planned yet) when I can live in a log cabin near the water with a lovely garden.

JSL: This interview has taught me so much about the early days of the Academy. You capture the feeling that

### **Update your FAANP Online bio sketch:**

On August 15, 2011, each Fellow (except 2011 Inductees) received an email from **AANP** with a unique link that allows you to update your bio sketch and credentials in the AANP online Active Fellows web page. The Active Fellows web page was recently updated to allow sorting by last name, state, and year of induction.

If you would like this bio sketch link resent to you, please contact Suzi Perry ([sperry@aanp.org](mailto:sperry@aanp.org), or 512-442-4262, xt. 5239).



### **AANP Foundation Scholarship and Grants:**

The deadline for submitting a proposal for one of the many opportunities offered through the AANP Foundation is **October 24, 2011**. To view what areas are available, go to the following URL: [www.aanpfoundation.org](http://www.aanpfoundation.org)



# FAANP Around the World



*International Perspectives*

*Sue Cross, FAANP*

## *News from the UK*

Jenny Aston, Chair of the Royal College of Nursing (RCN) Advanced Nurse Practitioner Forum and Cherry Cullen one of the first 15 Nurse Practitioners to qualify in the UK give a taste of how we have developed after the help FAANP provided them 20 years ago!

### **Greetings from the RCN Advanced Nurse Practitioner Forum!**

The Advanced Nurse Practitioner (ANP) Forum has a membership of approximately 5,000. It continues to be a vital force representing ANPs in both community and secondary care. ANPs can now be found in very specialized areas such as cardiology or mental health but the majority are still in family practice or emergency care.

ANP Forum continues to lobby our regulatory body, the Nursing and Midwifery Council (NMC) for regulation of a universal and a formalized standard of advanced practice. All registered nurses will be trained to graduate level from 2013, making it all the more important that a national standard is set for ANPs. The RCN are in the process of updating the ANP competencies in the light of the Scottish, Welsh and English documents while we await the NMC decision on regulation.



#### **Jenny Aston**

Chair, RCN Advanced Nurse Practitioner Forum

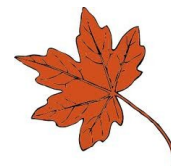
Chair, Royal College of General Practice, General Practice Foundation Nursing sub group  
Advanced Nurse Practitioner in Cambridgeshire

## *Cherry Cullen 20 years later!*



I was one of original fifteen Nurse Practitioners to qualify in the UK. I said at the time I would not retire until there was a recordable qualification for Nurse Practitioners but as Jenny has explained, we're not there yet! Perhaps I have to go back on that resolution as the patients deserve better than an 'ancient crone' attempting to deliver health care. Who understands my role? Recognition of my value has come from my employers who rewarded my work with a profit sharing partnership, but the most important recognition is from patients who recognise that I offer something special because I am a Nurse Practitioner. And that is what matters – the patients get a good deal. We can now prescribe, refer and order some investigations, and hopefully other developments will follow. We keep up the pressure for change and hope that what we need will be recognised by our national regulatory body.

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# ***FAANP Around the World***



## ***Global Partnerships***

***Susan Ruppert, FAANP***

### ***Susan D. Ruppert, PhD, APRN, ANP-BC, NP-C, FCCM, FAANP***

In 2010, Susan was appointed and now serves as a program evaluator and external examiner for Sultan Qaboos University, College of Nursing (CON) in Muscat, Oman. Sultan Qaboos University CON offers the only national BSN program in the country, graduating their first group of generic BSN students in 2007. In her role as program evaluator, Susan assesses the BSN curriculum and program outcomes. (She is also working on their proposed graduate curriculum). As the expert examiner, she administers clinical and oral exams to students at the end of their BSN program that students must pass in order to graduate. Susan explains this is their way of assuring adequate preparation since Oman does not have a licensure system to assess minimum competency at entry into practice. Susan made her first site visit to Oman in May 2010. While there she also made a presentation on “Writing for Scholarly Publication” to their faculty and preceptors. She states it is interesting to note common academic issues exist across different cultures. She reflects that global involvement allows us to view the world and nursing practice through different cultural lens and share experiences that serve to improve healthcare. She plans to return next year to continue her work there. Susan is Professor Assistant Dean & Department Chair Department of Acute & Continuing Care Director - Adult/Gerontology Nurse Practitioner Program, University of Texas, Houston.

## ***Humanitarianism Around the Globe — Coming Next Issue***

### **NP Week, November 13 - 19, 2011**

#### **Check the Updated NP Week Resource Guide**

Check the AANP Resource Guide for updated activities and resources to help you celebrate NP Week, November 13 - 19, 2011. Make NP Week 2011 the best ever - and let us know how you are celebrating nurse practitioners in your area so we can share with your colleagues.

To view the Resource Guide, go to:

<http://www.aanp.org/AANPCMS2/AboutAANP/Marketing+and+PR/National+Nurse+Practitioner+Week+2011.htm>

***FAANP Ethics Committee Think Tank, August 25, 2011, Crystal City, VA***

In 2010, the FAANP Executive Committee identified Ethical Leadership as the focus for 2011 FAANP activities. In addition to sponsoring two ethics-related presentations during the AANP 26th National Conference, the Fellows recently sponsored a multidisciplinary Think Tank meeting on Thursday, August 25, 2011, entitled, ***“Role of Healthcare Fellows Programs in Upholding Professional Ethics in the 21<sup>st</sup> Century.”***

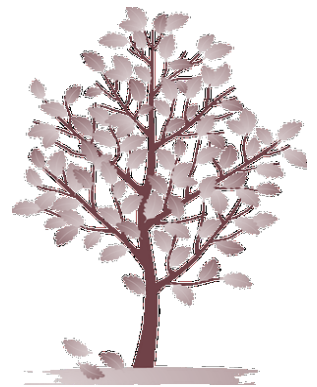
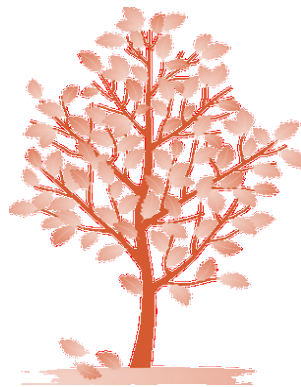
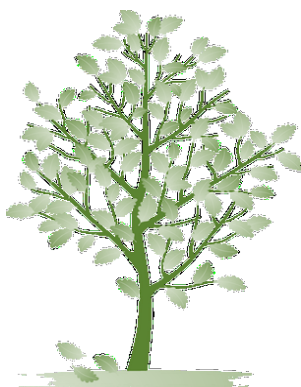
All FAANP Ethics Committee members and Mona Counts, FAANP Chair, attended the meeting, as well as the American Academy of Nurse Practitioners’ President, Penny Jensen. Participants included representatives from the following invited organizations with similar Fellows programs: The American Academy of Nursing and American Nurses Association, Sigma Theta Tau International, American College of Physicians, Society of Hospital Medicine, Palliative Care Nurses Association, American Occupational Therapy Association, and Society of Critical Care Medicine. The meeting was expertly facilitated by Mary Flanagan, who also facilitated FAANP’s strategic planning process in 2010.



FAANP Ethics Think Tank participants: FAANP Ethics Committee member Charon Pierson and Sigma Theta Tau International representative Cynthia Vlasich.

Think Tank participants articulated similar ethical expectations of members of their respective fellows programs and the importance of upholding these standards. They described the risks associated with not emphasizing ethical behavior by leaders, including protecting the integrity of their professions and organizations. While none of the participating groups had ethical policies and procedures specifically related to Fellows ethical behavior, all described intent to return to their organizations to initiate discussion regarding this matter.

Informed by the previous discussions, the FAANP Ethics Committee met on the day following the Think Tank to begin drafting an ethics-related policy and procedure. Once finalized, this document, as well as the Think Tank report, will be available to FAANP members.



### *What's Happening Now?*

In this issue, we want to especially recognize and congratulate six FAANP members. The following six FAANP members, with 137 other nursing leaders, were inducted as 2011 Fellows into the *American Academy of Nursing (AAN)* on October 15, 2011, on Capitol Hill in Washington, D.C. Fellows in AAN are selected for their significant contributions to nursing and health care.

**Elizabeth Barker**, PhD, CNP, FAANP, is the Director of the Master's Program at the Ohio State University. Elizabeth was honored for her contributions to world health, and nurse practitioner education and research. She has promoted nurse practitioners in underdeveloped countries.

**Mona Counts**, PhD, CRNP, FNAP, FAANP, is the Eloise Ross Eberly Professor at The Pennsylvania State University. Mona was honored for her contributions to NP curricula across the country and to primary care, and her roles as a superb leader and educator. Mona is the President of FAANP and a former president of AANP (2004). She has provided health care in underserved areas and has served on White House panels for primary care.

**Kathryn Fiandt**, PhD, RN, FNP-BC, FAANP, is Professor and Associate Dean for Clinical Affairs at the University of Texas Medical Branch. Kate was honored for her leadership, research and scholarship, and her roles in helping vulnerable populations, and in quality improvement.

**Margaret Fitzgerald**, DNP, FNP-BC, NP-C, CSP, FAANP, is the founder, president, and principal lecturer with Fitzgerald Health Education Associates, Inc. Margaret was honored for her contributions in the area of advancing nurse practitioner practice through education (publications, presentations and NP certification preparation), as well as her leadership qualities.

**Marcia Holstad**, DSN, FNP-BC, FAANP, is an Assistant Professor at Nell Hodgson Woodruff School of Nursing, Emory University. Marcia was honored for her consistent contributions to nursing, her work with HIV patients, and her roles as an educator and leader in nursing.

**Anne Teitelman**, PhD, CRNP, FAANP, is an Assistant Professor, University of Pennsylvania. Anne was honored for her contributions as an educator and leader in nursing, and for her research for HIV partner abuse prevention in adolescent girls.

Our heartiest **Congratulations** to these outstanding nursing leaders and educators for their induction into the AAN Fellows and for this prestigious honor.

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In every issue of the *Forum* newsletter we highlight accomplishments of our FAANP members for their achievements in clinical practice, research, education or policy. Congratulations, Fellows!

**Kathy Berra**, MSN, NP-C FAHA, FPCNA, FAACVPR, FAANP, FAAN, was selected as a Master of the American Association of Cardiovascular and Pulmonary Rehabilitation (MAACVPR). The honor is given to Kathy in recognition of her outstanding contributions to the field of cardiopulmonary rehabilitation for patients with cardiovascular and pulmonary diseases. The AACVPR Board/Volunteer Development Committee assesses and selects the recipient of this distinguished award to recognize those who make long-term significant differences in advancing the profession of cardiovascular-pulmonary nursing.

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**B. L. "Nick" Burnett**, DNP, FNP, BC, APRN, BC, ARNP, FAANP, was appointed to the Board of Trustees for Rocky Mountain University of Health Professionals in Provo, UT. Nick is an active practitioner with MMSC Clinic State Center in Iowa.

**Nancy E. Dirubbo**, FNP-C, CTH, FAANP, received certification in travel health by the International Society of Travel Medicine (ISTM). She successfully passed the Certification of Knowledge examination developed by an international panel of travel medicine experts. She provides immunizations, advice and prescriptions to individuals planning to travel internationally. You can visit Nancy's website at: [www.travelhealthnh.com](http://www.travelhealthnh.com).

**Elizabeth F. Ellis**, DNP, APRN, FNP-BC, FAANP. As a result of Dr. Ellis' selection in 2010 as the sole dedicated provider and clinic manager in an innovative joint venture with St. Joseph Regional Health Care, the City of Bryan (Texas) Employee Health Center is now fully operational providing full primary care services to any insured employee or dependent of the City of Bryan.

**Angela Golden**, RN, DNP, BC-FNP, FAANP, attended the Louisiana Association of Nurse Practitioners annual Primary Care Conference in New Orleans in September and presented *The Changing Faces of COPD*. Angela is the President-Elect of AANP.

**Amelie Hollier**, BSN, MSN, BC-FNP, DNP, FAANP, attended the Louisiana Association of Nurse Practitioners annual Primary Care Conference in September in New Orleans and presented *Dangerous Drugs and Understanding Lab Values*. Amelie is President of APEA and the NP for the Clare Employee Primary Clinic.

**Ruth Kleinpell**, PhD, RN, ACNP, FAAN FCCM, FAANP, has been elected to the Board of Commissioners for the Commission on Collegiate Nursing Education (CCNE). Ruth is the Director, Center for Clinical Research and Scholarship at Rush University Medical Center; and Professor, Rush University College of Nursing.

**Karen Devereaux Melillo**, PhD, ANP-BC, FGSA, FAANP, and a colleague completed a 2<sup>nd</sup> edition of their textbook "Geropsychiatric and mental health nursing" which was published by Jones and Bartlett Publishers. The text addresses the knowledge and skills necessary to assess and care for older adults experiencing common late life mental health and psychiatric problems. This edition also presents the work of the Geropsychiatric Nursing Collaborative (GPNC) in its entirety. Karen is Professor & Chair, Department of Nursing, School of Health & Environment, University of Massachusetts Lowell.

**Rosalinda (Rosie) Morales**, PhD, FNP-BC, FAANP, has been named the 2011 Texas Nurse Practitioner of the Year. She received the award, voted by her peers, at the annual Texas Nurse Practitioners Conference September 8-11 in Fort Worth, Texas. Rosie serves as the AANP Region 6 Director and as Vice President of the AANP Foundation. She is a Past President of Texas Nurse Practitioners and co-founder of the Texas Liver Support Group, Texas City, and founder of the City of Santa Fe (TX) Child Safety Fair.

**Phyllis Morgan**, PhD, FNP-BC, FAANP, co-presented with a colleague, a Community/Faith Based Project to Reduce Colorectal Cancer among African Americans: *The F.A.I.T.H. Project*. Their podium presentation was given at the 24<sup>th</sup> Annual Association of Black Nursing Faculty Conference held in June 2011 at the Marriott Crystal Hotel in Arlington, Virginia.

**Mary B. Neiheisel**, BSN, MSN, EdD, BC-FNP, BC-CNS, FAANP, attended the Louisiana Association of Nurse Practitioners annual Primary Care Conference in New Orleans in September and presented *Compassion Fatigue and Burnout in Nurse Practitioners and Employees of Non-Profit Organizations*. Mary is a Professor of Nursing at the University of Louisiana at Lafayette and the Nurse Practitioner for Faith House, Inc.

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**James C. Pace**, DSN, MDiv, APRN, BC, FAANP, was appointed the Associate Dean of the Undergraduate Program at the New York University College of Nursing (NYUCN) and assumed his responsibilities for this program on September 1, 2011. Previously, Dr. Pace was the Coordinator of the Adult Health/Palliative Care Nurse Practitioner Program at Vanderbilt University, 2002-2010. In that faculty practice position, he also served as an Adult Nurse Practitioner in the Pain and Symptom Management Clinic of the Ingram Cancer Center, Vanderbilt University Medical Center.

**Diane L. Padden**, PhD, CRNP, FAANP, was promoted to Associate Professor in the Graduate School of Nursing at the Uniformed Services University located in Bethesda, MD.

**Carmen T. Paniagua**, EdD, MSN, CPC, ANP, ACNP-BC, APNG-BC, FAANP, was appointed by the American Nurses Credentialing Center (ANCC) to the Content Expert Panel to develop the new Adult-Gerontology Nurse Practitioner Certification Examination. Launching of this exam is planned for April 2013.

**Demetrius Porche**, BSN, MN, DNS, PhD, FAANP, attended the Louisiana Association of Nurse Practitioners annual Primary Care Conference in New Orleans in September and presented *Transforming Advanced Practice Nursing Education: Regulation and Practice*. Demetrius is the Dean of the LSU HSC School of Nursing.

**Susan D. Ruppert**, PhD, APRN, ANP-BC, NP-C, FCCM, FAANP, was elected to the Board of Commissioners for the Commission on Collegiate Nursing Education (CCNE). Susan is a Professor at The University of Texas Health Science Center at Houston School of Nursing, the Assistant Dean and Chair for the Department of Acute & Continuing Care, as well as the Adult Nurse Practitioner Program Director and serves as faculty for the Acute Care NP and DNP programs. (See Page 5, *FAANP Around the World*, regarding Susan's appointment to Sultan Qaboos University in Oman.)

**Sherril Sego**, DNP, FNP-C, FAANP, was named as the University of Missouri-Kansas City School of Nursing Alumni Research Nurse of the Year for 2011 for her work and publication of application research on alternative medicines. This award was based on her interest in alternative therapies, specifically herbals and supplements. Writing and publishing to correct inaccurate information on herbals and supplements; her work was recognized by the editor of the *Clinical Advisor Journal* and she is now publishing a regular, monthly column that includes this topic and a mini-meta analysis of the products presented in a condensed format for quick access of the information by nurse practitioners.

**Ken Wysocki**, PhD, RN, FNP, FAANP, was recently awarded a NINR-T32 genetics post-doctoral fellowship at the University of Pittsburgh. He will be engaging in genomics research related to asthma.

To share newsworthy accomplishments, please go to the following URL: [http://aanponline.com/survey\\_fellows\\_achievements/](http://aanponline.com/survey_fellows_achievements/)



***How Reducing the Nation's Debt Might Affect Health Care***

When President Obama signed legislation on August 2, 2011, formally known as “The Budget Control Act of 2011”, to avoid default on the nation’s debt, many breathed a sigh of relief. Raising the debt ceiling, however, was a temporary solution to a more pervasive fiscal problem that has implications for health care.

The Budget Control Act created a 12 member bipartisan congressional Joint Select Committee on Deficit Reduction, commonly referred to as the “super committee”. Members of the super committee are:

Senator Patty Murray (D-WA); Co-Chair  
Representative Jeb Hensarling (R-TX); Co-Chair  
Senator Max Baucus (D-MT)  
Senator John Kerry (D-MA)  
Senator Jon Kyl (R-AZ)  
Senator Pat Toomey (R-PA)

Senator Rob Portman (R-OH)  
Representative Dave Camp (R-MI)  
Representative Chris Van Hollen (D-MD)  
Representative Fed Upton (R-MI)  
Representative James Clyburn (D-SC)  
Representative Xavier Becerra (D-CA)

The committee is responsible for creating a plan to reduce the deficit by \$1.5 trillion over a ten year period beginning in January 2012. The plan can include both an increase in revenues and a reduction in spending. The committee must agree to a plan by November 23, 2011. The House and Senate must vote on the plan by December 23. If the plan is rejected, or if it does not achieve at least \$1.2 trillion in deficit reductions, there will be an automatic set of reductions that occur beginning in January 2012 to achieve \$1.2 trillion in cuts.

The automatic cuts require the sequestration, or restricting funds, from being handed over to agencies, and would come half from defense spending and half from nondefense spending. There are, however, areas of spending that are exempt from the cuts which include some health care programs.

Refundable income tax credits (this would presumably include the new premium tax credits under the Affordable Care Act -but would not include the subsidies for cost sharing);  
Grants to States for Medicaid;  
Children's Health Insurance Fund;  
Payments to Health Care Trust Funds;  
Vaccine Injury Compensation and Trust Fund;  
Government payment for various Federal annuitants and employees health benefits;  
Medicare Part D low income subsidies and the part D catastrophic subsidy;  
Payments to States for subsidies for certain low income Medicare beneficiaries (Qualified Individuals);  
Social Security benefits;  
Veterans Programs;  
Interest.

Medicare payments are not exempt from the sequester but are limited to 2 percent for a fiscal year.

It is important to remember that these exemptions are only in place if Congress fails to agree to a deficit reduction plan. The Joint Committee can recommend cuts to any of these programs, as well as all others. Federal health care programs are expected to be a major component of the deficit reduction plan. Cuts may be made from the Labor, Health and Human Services appropriations bill when compared to funding for 2011. Many of these cuts could affect funding for nursing education, nursing research, and funding other health programs such as nurse managed health centers.

## Practice Considerations for Long-term Use of Proton Pump Inhibitors



I earned my PhD in nursing in 1988, the same year that omeprazole was released on the market. I'm not sure if there is a relationship, but having developed a bad case of dyspepsia in my final year of doctoral study, I started on the proton-pump inhibitor (PPI) the very same year.

With the release of a generic form of omeprazole in 2002 for over-the-counter purchase, the long-term use of selected PPIs by the general public has certainly increased. Nurse practitioners (NPs) are very vigilant regarding selected PPI adverse effects such as the documented medication interaction between omeprazole and clopidogrel (Gill, Player, & Metz, 2011), but long-term PPI therapy presents new challenges in primary care. As an example, long-term PPI therapy has been shown to contribute to increased risk for several conditions including osteoporotic fractures of the hip (31% increase in risk) and/or vertebral fractures (54% increase in risk) (Eom et al., 2011). In addition, a particularly unique long-term effect that is of growing concern in primary care is the potential development of fundic gland polyps (FGPs) also known as Elster's cysts (Samarasam, Roberts-Thomson, & Brockwell, 2009).

Long-term PPI therapy has also been associated with an increased incidence of pneumonia (threefold increase) and *Clostridium difficile* colitis (twofold increase) (Eom et al., 2011). Although short-term PPI therapy remains approved by the Food and Drug Administration for a period of 4-8 weeks, with access to the OTC formulation, long-term use of PPIs and its associated risks are now a reality for many of our patients in primary care.

The mechanism that is at work in long-term PPI use, is that PPIs actually increase parietal cell proliferation. When the patient then completes the recommended 4-8 week PPI therapy, a hyperacidic rebound results, thereby creating a dependence on continued PPI therapy. With so many consumers purchasing the OTC formulation of omeprazole, it is not uncommon to find patients who have regularly taken the drug for nearly 10 years, and some perhaps for 20+ years! At the least, all NPs need to carefully assess the OTC medications their patients are using and the length of time these patients have used such formulations. With regard to long-term PPI use, NPs will need to monitor for the development of associated adverse conditions currently identified in the literature. In addition, in terms of teaching-coaching function, NPs will need to prepare patients with a history of long-term PPI use for potential endoscopy findings in which FGPs will likely be visualized, given that long-term PPI use has now been associated with a fourfold increased incidence of gastric polyp development (Jalving et al., 2006). The good news is that at this time, there is no association between long-term PPI use and cancerous polyp development in the colon (Singh et al., 2007).

Eom, C. S., Park, S. M., Myung, S. K., Yun, M. J., & Ahn, J. S. (2011). Use of acid suppressive medication and risk of fracture: A meta-analysis of observational studies. *Annals of Family Medicine*, 9(3), 257-267.

Gill, J., Player, M., & Metz, D. (2011). Balancing the risks and benefits of proton pump inhibitors. *Annals of Family Medicine*, 9(3), 200-202.

Jalving, M., Koornstra, J., Wesseling, J., Boezen, H., Jong, S., & Kleibeuker, J. (2006). Increased risk of fundic gland polyps during long-term proton pump inhibitor therapy. *Alimentary Pharmacology & Therapeutics*, 24(9), 1341-1348.

Samarasam, I., Roberts-Thomson, J., & Brockwell, D. (2009). Gastric fundic gland polyps: A clinico-pathological study from North West Tasmania. *ANZ Journal of Surgery*, 79(6), 467-470.

Singh, M., Dhindsa, G., Friedland, S., & Triadafilopoulos, G. (2007). Long-term use of proton pump inhibitors does not affect the frequency, growth, or histologic characteristics of colon adenomas. *Alimentary Pharmacology & Therapeutics*, 26(7), 1051-1061.

### ***Pain and Research in Pain Management***

Over 120 million American adults suffer with chronic pain and over \$635 billion dollars are spent on pain relief or lost productivity because of pain. The 2010 Patient Protection and Affordable Care Act--section 4305, required the Secretary of Department of Health and Human Services to enter into an agreement with the IOM for activities to increase the recognition of pain as a significant public health problem. Nurse Practitioners have been active in pain research but have been much more active in opportunities for research. Surveys have shown that prescriptions written by nurse practitioners for analgesics are their second and third most commonly written prescriptions. Furthermore the Nurse Practitioner has prescribed over the counter medications, exercise, heat, cold, and massage therapy more often than have physicians. The research to evaluate the effectiveness and the cost of these prescribed therapies has not been done. Nurse Practitioners are employed and providing care for populations of both genders, ages from infants to geriatrics, and people of diverse cultures. Research areas highly recommended fall in these categories. The unknowns related to the many and varied cultures in our society are numerous. Some of the research questions to which answers would be invaluable are:



1. What analgesics should be specific to the young, the adolescent, the middle age adult, the elderly, the Hispanic, the white Caucasian, the Afro American, the Vietnamese, the Eastern and Western Indians, and the many other cultures in our society?
2. What is the incidence and prevalence of pain?
3. What are the costs of pain medications and other treatments?
4. What are the relationships between pain and disability, between absenteeism from work and pain, between intimate partner violence and pain, between substance abuse and pain, between grief and pain, quality of life and pain, etc?
5. Are our beliefs about chronic and acute pain accurate?
6. What measures might be used to determine the unique reactions of individuals to pain and to the chosen therapy for pain?
7. What are the relationships between biological pain and cognition, between biological pain and emotions?

The Institute of Medicine's committees on pain are stressing the need for research about pain and pain management. In addition, IOM emphasizes the need to educate health care providers at the basic educational level, the need to inform the public, and the need to promote pain self-management. Nurse Practitioners with the types of patients and with the multiple diagnoses with which they are faced have many research opportunities to find answers to pain related questions.



## *Strategic Planning Committee Updates*

### *Export Knowledge and Expertise Committee*

*Mary Smolenski, FAANP*

The Committee members are: Kerri Rupe and Mary Smolenski, Co-Chairs, Michelle Beauchesne, Barbara Berner, Nick Burnett, Evelyn Duffy, Mary Jo Goolsby, Brenda Hoskins, Diane Pace, Ted Rigney, and Josie Weiss.

To refresh everyone's memory, at the Fellows strategic planning meeting in February 2010, a major goal identified was to "develop and export knowledge and expertise of FAANP members". The strategy was to build and expand a searchable and filterable database to take the place of the current "directory". The database would initially allow for Fellows to query biographical, educational, clinical expertise, research focus, geographical area, and other pertinent information for Fellows in a web page format that could be easily updated.

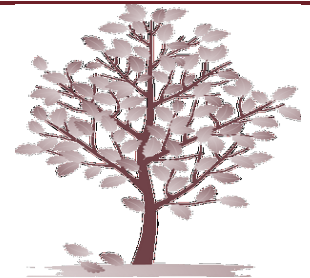
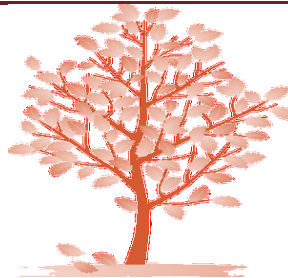
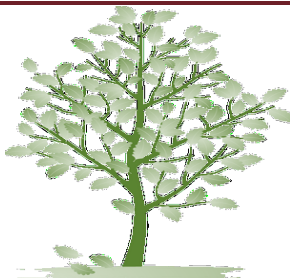
One of the sub-goals was accomplished with the appointment of two representatives to the research agenda roundtable. The co-chairs worked with AANP committee members to develop a mockup template page. In addition to the demographic information, it includes the population focus (ANP, PNP, GNP, etc.), the primary and secondary area of clinical expertise, (e.g., specialty area, cardiology, diabetes mellitus, endocrinology, respiratory, etc.), and the Fellow's area of focus (Education, Policy, Clinical Practice, or Research). Other ideas included an area for Fellows to share products, articles and tools. Increasing the visibility of the Fellows will be a favorable outcome. Piloting of the template is pending, but significant ground work is complete. The Academy currently reports that a trial model should be available for testing during the fourth quarter with rollout in early 2012. Periodic updates will be provided.

### *Strategic Planning Committee*

*Janet DuBois, FAANP*

The Committee members are Janet DuBois (Chair), Judy Berg, Kathy Blair, Kate Fiantdt, Rod Hicks, Amelie Hollier, Randy Hudspeth, Karen Kroger Olson, Rosie Morales, Reyn Mosier, Carol Savrin, and Diane Viens. The goals developed at the initial planning meeting (Dallas, 2010) are:

1. Procure an ex-officio position on the AANP Board of Directors. This goal is accomplished.
2. Insure that all Fellows are up to date and knowledgeable about the structure, events, and activities from the Fellows group. Collaborating with other committee members and adjusting to the technology changes are helping to meet this goal.
3. Develop a business plan for the Fellows and a dashboard for our website. We now have a budget for the Fellows and will proceed in developing a business plan. Our plans to develop a mechanism to kept the Fellows up to date and knowledgeable, and to develop a dashboard intersect with other committees and we will work together to achieve these mutual goals.



## *FAANP Upcoming Events*

◆ **2012 FAANP Applications opened Sept. 20, 2011**

To nominate a candidate for 2012 FAANP, go to: <http://fellowsapplication.aanp.org>  
**November 4, 2011**, is the deadline to submit nominations, to ensure ample time for competitive application.

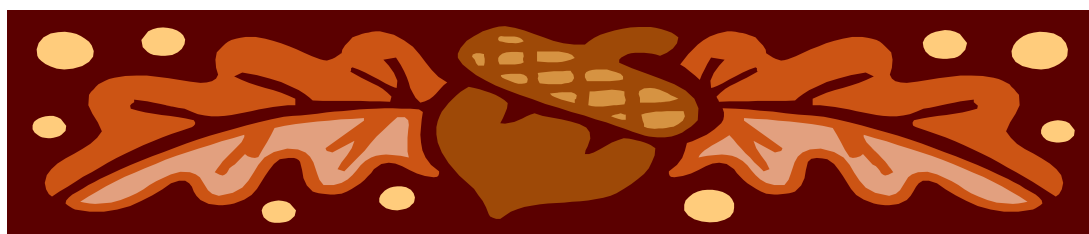
**Application Deadline: November 15, 2011— Only 5 more weeks!**

◆ **2012 FAANP Winter Meeting**

**February 25 & 26, 2011** (*Social Reception early Friday evening, Feb. 24*)

**Rosen Shingle Creek, Orlando, Florida** (Single/double \$170/night)

**Hotel reservation link:** [https://reservations.ihotelier.com/crs/g\\_reservation.cfm?groupID=663477&hotelID=6840](https://reservations.ihotelier.com/crs/g_reservation.cfm?groupID=663477&hotelID=6840)



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